



# TURKEY PINWHEEL BITES

**Nutrition Facts Report**  
Source: Custom

**Yield:** 32 (1.000 item(s))  
**No. Ingredients:** 6

**Category:** Basic Food  
**Manufacturer:** (None)

## Ingredients

8.000 sl. Nature's Own Whitewheat Bread  
0.250 c. Cheese Spread, Cream Cheese Base  
0.500 c. Spinach, Chopped  
2.000 oz. HEALTHY CHOICE Bulk Deli Smoked Skinless Turkey Breast  
0.250 c. Red Tomato, Diced  
0.250 c. Scallions, Green or Spring Onions

## Nutrition Facts

Serving Size 1.00 item(s) (13g)

Amount Per Serving

**Calories** 20      **Calories from Fat** 7

% Daily Value

**Total Fat** 0.8g      1 %

Saturated Fat 0.4g      2 %

Trans Fat 0.0g

**Cholesterol** 2.3mg      1 %

**Sodium** 55.4mg      2 %

**Total Carbohydrate** 3.0g      1 %

Dietary Fiber 0.7g      3 %

Sugars 0.4g

**Protein** 1.2g

Vitamin A 2 %      Calcium 4 %

Vitamin C 1 %      Iron 3 %

## Instructions