



# SALMON & CUCUMBER CANAPES

**Nutrition Facts Report**  
Source: Custom

**Yield:** 14 (1.000 item(s))  
**No. Ingredients:** 10

**Category:** Basic Food  
**Manufacturer:** (None)

## Ingredients

7.000 sl. Nature's Own 100% Whole Wheat Bread  
6.000 oz. Sockeye or Red Salmon, Canned  
3.000 T. KRAFT Real Mayonnaise  
2.000 T. Red Onions, Sliced  
2.000 T. Celery, Diced  
1.000 T. Lemon Juice  
0.250 t. Dried Dill Weed  
0.250 t. Table Salt  
0.125 t. Ground Black Pepper  
7.000 T. Cucumber

## Nutrition Facts

Serving Size 1.00 item(s) (35g)

Amount Per Serving

**Calories** 69      **Calories from Fat** 36

% Daily Value

**Total Fat** 4.0g      6 %

Saturated Fat 0.7g      3 %

Trans Fat 0.0g

**Cholesterol** 6.4mg      2 %

**Sodium** 179.4mg      7 %

**Total Carbohydrate** 5.4g      2 %

Dietary Fiber 1.1g      4 %

Sugars 0.6g

**Protein** 4.5g

Vitamin A 1 %      Calcium 3 %

Vitamin C 1 %      Iron 1 %

## Instructions