



STRAWBERRY TRIFLE

Nutrition Facts Report
Source: Custom

Yield: 6 (1.000 serving(s))
No. Ingredients: 9

Category: Basic Food
Manufacturer: (None)

Ingredients

12.000 sl. Nature's Own Honey Wheat Bread
3.400 oz. Vanilla Pudding, Dry Mix, Instant
2.500 g GOLD COAST Pure Almond Extract
2.000 c. Reduced Fat Milk, 2%
0.667 c. Jam or Preserves
1.000 c. Heavy Whipping Cream, Whipped
1.000 pt. Strawberries
1.000 T. Powdered Sugar, Sifted
3.000 T. Almonds, Blanched

Nutrition Facts

Serving Size 1.00 serving(s) (259g)

Amount Per Serving			
Calories	456	Calories from Fat	113
			% Daily Value
Total Fat	12.6g		19 %
Saturated Fat	5.9g		29 %
Trans Fat	0.0g		
Cholesterol	34.0mg		11 %
Sodium	527.8mg		22 %
Total Carbohydrate	77.5g		26 %
Dietary Fiber	3.8g		15 %
Sugars	43.9g		
Protein	8.6g		
Vitamin A	9 %	Calcium	14 %
Vitamin C	53 %	Iron	15 %

Instructions