



# SHRIMP TOAST

**Nutrition Facts Report**  
**Source:** Custom

**Yield:** 26 (1.000 item(s))  
**No. Ingredients:** 10

**Category:** Basic Food  
**Manufacturer:** (None)

## Ingredients

0.750 lb. Shrimp, Mixed Species, Raw  
0.250 c. Scallions, Green or Spring Onions  
1.000 item Egg White, Raw  
2.000 item Garlic Clove  
1.000 t. Ginger Root  
1.000 T. Cornstarch  
2.000 T. Soy Sauce (Shoyu)  
7.000 sl. Nature's Own Light White Bread  
2.000 item Egg, Raw  
2.000 t. Dried Sesame Seeds, Whole

## Nutrition Facts

Serving Size 1.00 item(s) (24g)

Amount Per Serving

**Calories** 35      **Calories from Fat** 8

% Daily Value

**Total Fat** 0.9g 1 %

Saturated Fat 0.2g 1 %

Trans Fat

**Cholesterol** 36.2mg 12 %

**Sodium** 130.7mg 5 %

**Total Carbohydrate** 3.3g 1 %

Dietary Fiber 0.7g 3 %

Sugars 0.2g

**Protein** 4.1g

Vitamin A 1 %      Calcium 2 %

Vitamin C 1 %      Iron 4 %

## Instructions