



BRUSCHETTA SANDWICH

Nutrition Facts Report
Source: Custom

Yield: 2 (1.000 item(s))
No. Ingredients: 6

Category: Basic Food
Manufacturer: (None)

Ingredients

4.000 sl. Nature's Own 100% Whole Wheat Bread
2.000 T. KRAFT Real Mayonnaise
4.000 T. Italian Salad Dressing
4.000 sl. American Cheese, Processed
0.500 c. Mixed Baby Greens Salad with Arugula, Butterhead, Endive, Radicchio
8.000 item Cherry Tomatoes, Fresh

Nutrition Facts

Serving Size 1.00 item(s) (230g)

Amount Per Serving

Calories 510 **Calories from Fat** 351

% Daily Value

Total Fat 39.0g 60 %

Saturated Fat 14.4g 72 %

Trans Fat 0.0g

Cholesterol 57.6mg 19 %

Sodium 1630.3mg 68 %

Total Carbohydrate 27.0g 9 %

Dietary Fiber 5.0g 20 %

Sugars 6.6g

Protein 21.3g

Vitamin A 22 % Calcium 32 %

Vitamin C 16 % Iron 3 %